# Dying to Be Men:
*Psychosocial, Environmental and Biobehavioral Directions in Promoting the Health of Men and Boys*

By Will H. Courtenay

(Routledge, New York – March, 2011)

Table of Contents

<table>
<thead>
<tr>
<th>Introduction</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acknowledgements</td>
</tr>
</tbody>
</table>

**Part I: Why Men and Boys Get Sick and Die Young**

- Chapter 1: Key Determinants of the Health and Well-Being of Men and Boys: An Overview
- Chapter 2: Behavioral Factors Associated with Disease, Injury, and Death Among Men and Boys

**Part II: Why Men and Boys Do The Things That Make Them Sick and Kill Them**

- Introduction: Who Are The ‘Men’ in ‘Men’s Health’?
- Chapter 3: Engendering Health: The Social Construction of Gendered Health Beliefs and Behaviors
- Chapter 4: Constructions of Masculinity and Their Influence on Men’s Well-Being: A Theory of Gender and Health

**Part III: Specific Populations**

- Introduction: Ethnicity Matters
- Chapter 5: Rural Men’s Health: Situating Men’s Risk in the Negotiation of Masculinity
- Chapter 6: College Men’s Health
- Chapter 7: Preventive Health Strategies for Men in Prison

**Part IV: Emerging Research on Men, Masculinity and Health**

- Introduction: *Youth* Violence? Let’s Call It What It Is
- Chapter 8: Gender and Ethnic Differences in Health Beliefs and Behaviors
- Chapter 9: Masculinity and Gender Role Conflict: Influence on Men’s Likelihood of Engaging in High-Risk Behaviors
- Chapter 10: Measurement of Men’s Help Seeking
- Chapter 11: The Drive for Muscularity and Masculinity

**Part V: Reaching Men**

- Introduction: Making Health Manly: Social Marketing and Men’s Health
- Chapter 12: Counseling Men About Their Health: An Evidence-Based Practice Guideline
- Chapter 13: Designing Effective Programs and Services for College Men: Applying The Six-Point HEALTH Plan and Other Evidence-Based Strategies

**Part VI: Looking Forward**

- Introduction: Teaming Up for the New Men’s Health Movement
- Chapter 14: A Global Perspective on the Field of Men’s Health